



**Get the Qi.**  
**Unlock your ability.**



SPRAYS WRAPS PATCHES SOAKS TEAS



**ATHLETE PROVEN**

**100% NATURAL & ORGANIC**

**TIME TESTED**

**MADE IN USA**

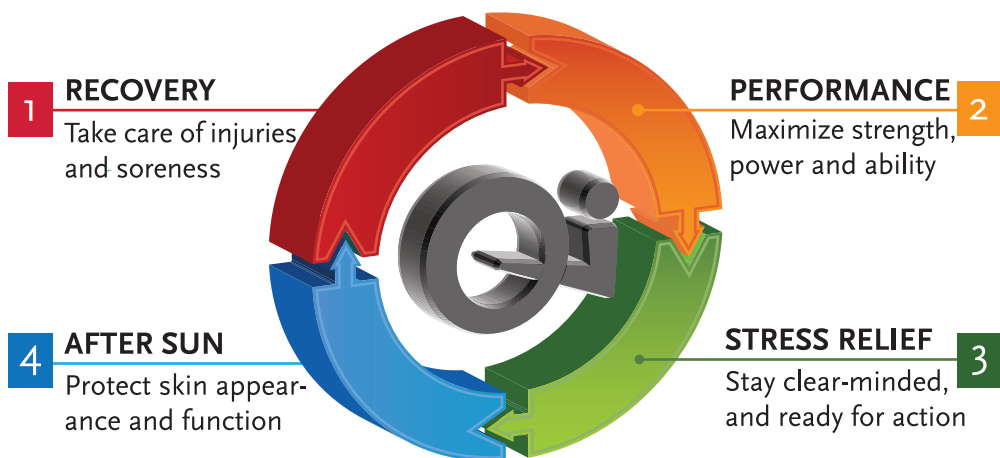
# RECOVER FASTER. TRAIN SMARTER. PERFORM BETTER.

**qi** (kē) *n.* vital force or energy.

**vantage** (van'tij) A position, condition, or opportunity that is likely to provide superiority or an advantage.

## QiVantage® Athlete 4-Series System

Achieve and maintain optimal athletic ability with QiVantage® sprays, wraps, patches, soaks, and teas. QiVantage® formulas are divided into 4 essential product series.



## Formulas Work from the Outside In and the Inside Out

**Topical Formulas (Outside In).** Each series of products has topical formulas (sprays, creams, patches, wraps and soaks) that you can apply externally, targeting areas that need help. Whether it is applying a patch to a pulled muscle, spraying fatigued feet or rubbing lotion on sunburn, you apply the formulas where you need them. They improve circulation and help pull toxins out of the body to quickly produce results.



**Internal Tea Concentrates (Inside Out).** Each series also contains a specially formulated tea concentrate, used throughout the centuries to promote internal organ function. These unique supplements help build internal energy and push toxins out. The bottom line: when your internal organs work well, you have more ability.

# RECOVERY SERIES

Sprains, muscle pulls, severe bruises - these injuries are the enemy of any athlete. Pushing through injury is not the answer. This can cause further damage. But often waiting is not the solution either. Injury disrupts the body's circulation. Toxins accumulate and the healing process is slowed or halted. Recovery Series formulas help kick-start recovery by improving circulation, removing toxins and reducing swelling.

**The Recovery Wrap** – Apply this concentrated paste to sprains, pulls, bruises and other injuries to reduce swelling, remove toxins and increase circulation. It helps speed the body's natural ability to recover.



**Therapeutic Recovery Cream (Extra Strength)** – Rub on this cream to alleviate muscle soreness and joint stiffness.

**Recovery Soak** – Take a warm soak to clear tension and strain while restoring balanced circulation. This helps the body heal faster, naturally.

**Energy Support Tea** – Drink a couple ounces a day to strengthen the internal organs that drive recovery processes.



**Therapeutic Heating Pad** – Heat this pad up to melt away muscle soreness or tension. One essential ingredient is jade powder, which has been used for centuries for its therapeutic benefits. Available in large or small sizes.



**"My son pulled his hip flexor on Thursday night, wore your wrap, and was able to play in the Sunday game. A few days later he was 100%."**

*John Carrol  
Former Asst. Coach  
Boston Celtics*





# PERFORMANCE SERIES



"It is rare when you come across a web company or any company for that matter that has **great customer service**, but QiVantage is super responsive and know what they are talking about. Great company. I tell all my friends about you guys."

*Bruce Ekstrom  
World Champion Horse Trainer*



Ability comes from several key elements: The body needs to be loose, yet powerful. The mind needs to be still and focused. And reactions need to be instantaneous.

The Performance Series formulas prepare the body, warming up muscles and joints. They also help bring the mind and body together, so that you can act effectively and decisively.

## Muscle and Joint Therapeutic Patch

- Apply this self-adhesive patch to any muscle or joint stressed during athletics. It promotes circulation and draws out toxins - both of which are necessary for healing and performance.



**Muscle and Joint Energizer** - Spray this on the upper and lower body to promote circulation and boost energy prior to exercise. It's like a warm-up in a bottle.

**Foot Energizer** - With every step, feet are under pressure. Use this spray to revitalize the feet and legs for increased endurance.



**Replenishing Soak** - Routinely pushing yourself to the limit? Soak away soreness and mental stress and feel energized and ready to go the next day. It's like a full body massage.



**Ginseng Energy Tea** - Nourish your internal systems with a couple ounces per day. This formula increases energy and endurance.

# STRESS RELIEF SERIES

Stress often robs athletes of ability, but the Stress Relief Series can clear tension and prepare you for action.

**Stress Relief Massage Lotion** – Massage away stress and tightness while strengthening the body's energy with this rare blend of herbs and massage oil.

**Stress Relief and Calming Spray** – Spray on this formula to feel physical and mental tension disappear. Feel calmer before competition so you can do your best.



**Stress Relief Detox Soak** - Soak away toxins and feel peaceful yet energized afterward.

**Detox Tea Extra Strength** – Drink this tea to detoxify internal organs and support the body's natural cleansing process.



**Stress Relief and Calming Patch** – Anxiety is the enemy of athletes. Apply a set of these patches to relax the body and clear the mind.

**Neck Pillow** – Many athletes carry stress in the neck and shoulders. Heat up this pillow and clear the tension.

**Eye Pad** – Heat this pad and place it over the eyes to relieve headaches and revitalize vision.



"I purchased the product for my daughter. She had been complaining of shin splints for 3 months. After wearing the wrap she said the pain was gone... I was amazed."

*Wanda Newkirk*

"Your kit did the job again. I personally used one of your kits for a calf injury earlier in the year and was back competing in about 10 days vs. 6 weeks with the same injury 2 years ago. The hamstring kit I purchased for a teammate of mine, who indicated he strained/pulled his hamstring 10 days before he needed to run the 2nd leg on our 4x100 relay. **Not only did he run pain free on our relay, he won the 100 meters 40-44 age group at the Penn relays.** Thanks for your continued help."

*Anthony DiSalvo  
Sprinter*



# AFTER SUN & SPORT SERIES

The skin is the largest organ of the body, and is responsible for toxin removal and helping control body temperature. Taking care of it now will serve you well today, and in the future.

**Ginseng Hydrating Lotion** – Rub on protective anti-oxidants that nourish the skin while replenishing lost moisture.



**Skin Rehydration Tea** – Drink this concentrate to encourage the formation of new, healthy skin cells. The powerful anti-oxidants also protect the skin from premature aging.

Visit **[www.QiVantage.com](http://www.QiVantage.com)** for more information

**Ingredients:** Ginseng, White Peony, Angelica, Astragalus, Goji Berry, Radix Polygoni Multiflori, Licorice Root, Poria Cocos, Szechwan Lovage Root, Atractylodes, Euphorbia, Wild Pansy, Pomegranate Rind, Aloe Vera, Sesame Oil, Jojoba Oil, Tamanu Oil, Comfrey, Green Tea Extract, Carrageenan, Lemon

## Product Information

- Directions
- Ingredients

## Athlete Advantage Membership Area

- Selected strengthening and stretching videos
- Free guides and recovery tips
- Product discounts

## Season Subscriptions

- Monthly product packages for youth and adult sports seasons.

"Yes there has been great improvement, so much so that **my therapist and doctor say they have never seen anyone** at any age **heal as fast** as I have, especially considering the severity of my injuries. Thank you..."

*Pete Patterson  
World Class Jet Skier*





# HIGHLY EFFECTIVE. GUARANTEED.

## Only the best ingredients.

We encourage you to check out the ingredients of any of our products. You'll see the finest quality, ethically wild-harvested, natural and organic herbs. No dyes, steroids, fillers, or other additives. In today's marketplace, many products are made using 1-3% active ingredients. Not QiVantage. We use a minimum of 25% active ingredients. This may cost a bit more, but quality and effectiveness are our first priority.

## Modern production meets time-tested success.

All QiVantage products are made in the U.S.A. using state of the art facilities. Yet every batch of product is also handcrafted from formulas and recipes that have been tested and refined for centuries. Where many products on the market today have not yet weathered the true test of time, QiVantage formulas have been used by East Asian physicians and traditional martial arts masters for generations.

## 100% Guaranteed to work.

We stand by every product we sell. If you feel our product does not help you improve, let us know and we'll give you your money back.

## We appreciate you staying in touch

Over the past several years, our customers have helped us improve our products and services, and spread the word about QiVantage. We hope you send us your suggestions, and pass along any experiences you have had with QiVantage formulas.

Suggestions/Feedback: [suggestions@qivantage.com](mailto:suggestions@qivantage.com)

Testimonials/Photos/Videos: [www.qivantage.com/testimonial](http://www.qivantage.com/testimonial)



**QiVantage®**

Athlete 4-Series System.  
Unlock Your Ability.



## QiVantage® Formulas Tested and refined for centuries.

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QiVantage formulas were created by traditional martial arts masters many centuries ago. Practicing in the solitude of the mountains, these elite martial artists developed incredible skills through extreme mental and physical training. If injured, the only sources of relief were herbs from the mountain environment. Through necessity, these masters learned how individual herbs and mixtures of herbs affected the body. By developing key herbal formulas, these masters were able to continue their practice the day after an injury, allowing them to further their intense training and achieve their goals.

Throughout East Asian history, respected martial arts masters have shared their knowledge of herbal formulations with select physicians and herbologists. Passed from generation to generation, these guarded formulas have been continually tested and refined for maximum benefit. Now, they are being made available to athletes and others worldwide. See for yourself what a difference QiVantage formulas can make.



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